

# PAOLA PANTHER FOOTBALL Camp 2024



## Upcoming 5th-6th Grade:

- July 15-17
- 8:30am-10am
- At Paola's Game Field

## What you Need:

- \$30 base, \$45 w/camp shirt
- Athletic Attire
- Football or Baseball Cleats(no metal spikes)
- There are no pads or helmets in camp, tackling dummies and hand shields will be used

## What Camp is About:

- Skills: Using proper form.
- Agility: Getting faster/stronger.
- IQ: Learning the game.

## FUN

- Block and sack competition, 7 on 7, dogpile fumble, etc.
- There is no better time to see if you like football than at football camp. This is a great opportunity to try it out!
- One NFL Football card each!

## A quote from one of our 8th grade Football Players:

“The memories you’ll make, you’ll have forever.”

## Parent/Guardian Sign Up:

- Go to the middle school website and click read more under Paola Middle School. The link is called Summer 2024 5th-8th Football Camp.
- Or email Coach Thimesch at the address above.

**Deadline to sign up: July 1st, 2024**